The Toastmasters Pathways learning experience was developed around the five core competencies identified by the Board of Directors.

### FIVE CORE COMPETENCIES

It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path.

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Confidence is unique because it cannot be taught, but is gained in every path.

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<td>Team Collaboration</td>
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DYNAMIC LEADERSHIP
This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills.
*Not available in non-English printed materials.

Five Levels

Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

Learning Your Style
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

Increasing Knowledge
- Negotiate the Best Outcome

Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

Building Skills
- Manage Change

Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

Demonstrating Expertise
- Lead in Any Situation
- Reflect on Your Path

Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
**EFFECTIVE COACHING**

This path helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

## Five Levels

### Mastering Fundamentals

**Level 1 Elective Projects** (choose 3)
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

### Learning Your Style

**Level 2 Elective Projects** (choose 2)
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

### Increasing Knowledge

**Level 3 Elective Projects** (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual AIDS
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

### Building Skills

**Level 4 Elective Projects** (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Demonstrating Expertise

**Level 5 Elective Projects** (choose 1)
- High Performance Leadership
- Reflect on Your Path
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
## INNOVATIVE PLANNING
This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*

### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Projects</th>
</tr>
</thead>
</table>
| 1     | Mastering Fundamentals | • Ice Breaker  
       |             | • Evaluation and Feedback  
       |             | • Researching and Presenting |
| 2     | Learning Your Style | • Understanding Your Leadership Style  
       |             | • Connect With Your Audience  
       |             | • Introduction to Toastmasters Mentoring |
| 3     | Increasing Knowledge | • Present a Proposal  
       |       | • Deliver Social Speeches  
       |       | • Using Presentation Software  
       |       | • Connect with Storytelling  
       |       | • Creating Effective Visual Aids  
       |       | • Using Descriptive Language  
       |       | • Make Connections Through Networking |
| 4     | Building Skills | • Manage Projects Successfully  
       |       | • Create a Podcast  
       |       | • Building a Social Media Presence  
       |       | • Managing a Difficult Audience  
       |       | • Write a Compelling Blog |
| 5     | Demonstrating Expertise | • High Performance Leadership  
       |       | • Reflect on Your Path  
       |       | • Lessons Learned  
       |       | • Moderate a Panel Discussion  
       |       | • Ethical Leadership  
       |       | • Leading in Your Volunteer Organization  
       |       | • Prepare to Speak Professionally |
### LEADERSHIP DEVELOPMENT
This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.

#### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Project Areas</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Mastering Fundamentals</td>
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<tr>
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<td>• Ice Breaker</td>
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<td>• Evaluation and Feedback</td>
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<td>3</td>
<td>Increasing Knowledge</td>
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<td>• Planning and Implementing</td>
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<td>Building Skills</td>
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<td></td>
<td>• Leading Your Team</td>
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<td>5</td>
<td>Demonstrating Expertise</td>
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<tr>
<td></td>
<td>• Manage Successful Events</td>
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<tr>
<td></td>
<td>• Reflect on Your Path</td>
</tr>
</tbody>
</table>

#### Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

#### Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

#### Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
Five Levels

**Mastering Fundamentals**
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

**Learning Your Style**
- Understanding Your Communication Style
- Active Listening
- Introduction to Toastmasters Mentoring

**Increasing Knowledge**
- Understanding Emotional Intelligence

**Level 3 Elective Projects (choose 2)**
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

**Level 4 Elective Projects (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog

**Level 5 Elective Projects (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership

**Building Skills**
- Motivate Others

**Demonstrating Expertise**
- Team Building
- Reflect on Your Path

**Level 5 Elective Projects**
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

**Paths, Levels and Electives**

**MOTIVATIONAL STRATEGIES**
This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking.

*Not available in printed materials.*

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**Paths, Levels and Electives**

**Five Levels**

<table>
<thead>
<tr>
<th>Level</th>
<th>Pathway</th>
<th>Elective Projects</th>
</tr>
</thead>
</table>
| 1     | Mastering Fundamentals | - Ice Breaker  
- Evaluation and Feedback  
- Researching and Presenting |
| 2     | Learning Your Style | - Understanding Your Leadership Style  
- Active Listening  
- Introduction to Toastmasters Mentoring |
| 3     | Increasing Knowledge | - Understanding Conflict Resolution |
| 4     | Building Skills | - Leading in Difficult Situations |
| 5     | Demonstrating Expertise | - High Performance Leadership  
- Reflect on Your Path |

**Level 3 Elective Projects (choose 2)**
- Deliver Social Speeches  
- Using Presentation Software  
- Connect with Storytelling  
- Creating Effective Visual Aids  
- Using Descriptive Language  
- Connect with Your Audience  
- Make Connections Through Networking  
- Focus on the Positive  
- Inspire Your Audience  
- Prepare for an Interview  
- Understanding Vocal Variety  
- Effective Body Language  
- Know Your Sense of Humor

**Level 4 Elective Projects (choose 1)**
- Create a Podcast  
- Building a Social Media Presence  
- Managing a Difficult Audience  
- Write a Compelling Blog  
- Manage Online Meetings  
- Question-and-Answer Session  
- Public Relations Strategies  
- Manage Projects Successfully

**Level 5 Elective Projects (choose 1)**
- Lessons Learned  
- Moderate a Panel Discussion  
- Ethical Leadership  
- Leading in Your Volunteer Organization  
- Prepare to Speak Professionally

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**PERSUASIVE INFLUENCE**

This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design. *Not available in printed materials.*
## Paths, Levels and Electives

### PRESENTATION MASTERY
This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

### Five Levels

#### Mastering Fundamentals
1. **Ice Breaker**
2. **Evaluation and Feedback**
3. **Researching and Presenting**

#### Learning Your Style
2. **Understanding Your Communication Style**
3. **Effective Body Language**
4. **Introduction to Toastmasters Mentoring**

#### Increasing Knowledge
3. **Persuasive Speaking**

#### Level 3 Elective Projects (choose 2)
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Active Listening
- Know Your Sense of Humor

#### Building Skills
4. **Managing a Difficult Audience**

#### Level 4 Elective Projects (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

#### Demonstrating Expertise
5. **Prepare to Speak Professionally**
6. **Reflect on Your Path**

#### Level 5 Elective Projects (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
### STRATEGIC RELATIONSHIPS
This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization. *Not available in non-English printed materials.*

#### Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Mastering Fundamentals</th>
<th>Learning Your Style</th>
<th>Increasing Knowledge</th>
<th>Level 3 Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
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<tr>
<td>1</td>
<td>• Ice Breaker</td>
<td>• Understanding Your Leadership Style</td>
<td>• Make Connections Through Networking</td>
<td>• Deliver Social Speeches</td>
<td>• Create a Podcast</td>
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<td>• Cross-Cultural Understanding</td>
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<td>• Ethical Leadership</td>
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<td>• Creating Effective Visual Aids</td>
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<td>• High Performance Leadership</td>
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*Not available in non-English printed materials.*
# TEAM COLLABORATION

This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills. *Not available in non-English printed materials.*

## Five Levels

### Mastering Fundamentals

**Level 1 Projects**

- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

### Learning Your Style

**Level 2 Projects**

- Understanding Your Leadership Style
- Active Listening
- Introduction to Toastmasters Mentoring

### Increasing Knowledge

**Level 3 Projects**

- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking

**Level 3 Elective Projects (choose 2)**

- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Know Your Sense of Humor

### Building Skills

**Level 4 Projects**

- Motivate Others

**Level 4 Elective Projects (choose 1)**

- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Projects Successfully
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies

### Demonstrating Expertise

**Level 5 Projects**

- Lead in Any Situation
- Reflect on Your Path

**Level 5 Elective Projects (choose 1)**

- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
## Five Levels

### Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

### Learning Your Style
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

### Increasing Knowledge
- Develop a Communication Plan

### Building Skills
- Communicate Change

### Demonstrating Expertise
- Develop Your Vision
- Reflect on Your Path

### Level 3 Elective Projects *(choose 2)*
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening
- Know Your Sense of Humor

### Level 4 Elective Projects *(choose 1)*
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

### Level 5 Elective Projects *(choose 1)*
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally

---

**VISIONARY COMMUNICATION**

This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision.

*Not available in printed materials.*
ENGAGING HUMOR
This path is designed to help you build your skills as a humorous and engaging public speaker. The projects on this path focus on understanding your sense of humor and how that sense of humor translates to engaging audience members. The projects contribute to developing an understanding of how to effectively use humor in a speech, including challenging situations and impromptu speeches. This path culminates in an extended humorous speech that will allow you to apply what you learned.

*Not available in printed materials.*

## Five Levels

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Projects</th>
<th>Level 3 Elective Projects (choose 2)</th>
<th>Level 4 Elective Projects (choose 1)</th>
<th>Level 5 Elective Projects (choose 1)</th>
</tr>
</thead>
</table>
| 1     | Mastering Fundamentals | • Ice Breaker  
• Evaluation and Feedback  
• Researching and Presenting | | | |
| 2     | Learning Your Style | • Know Your Sense of Humor  
• Connect with Your Audience  
• Introduction to Toastmasters Mentoring | | | |
| 3     | Increasing Knowledge | • Engage Your Audience With Humor | • Active Listening  
• Connect with Storytelling  
• Connect with Your Audience  
• Creating Effective Visual Aids  
• Deliver Social Speeches  
• Effective Body Language  
• Focus on the Positive  
• Inspire Your Audience | • Make Connections Through Networking  
• Prepare for an Interview  
• Understanding Vocal Variety  
• Using Descriptive Language  
• Using Presentation Software | |
| 4     | Building Skills | • The Power of Humor in an Impromptu Speech | | | |
| 5     | Demonstrating Expertise | • Deliver Your Message With Humor  
• Reflect on Your Path | | | |

**Level 3 Elective Projects (choose 2)**
- Active Listening
- Connect with Storytelling
- Connect with Your Audience
- Creating Effective Visual Aids
- Deliver Social Speeches
- Effective Body Language
- Focus on the Positive
- Inspire Your Audience
- Make Connections Through Networking
- Prepare for an Interview
- Understanding Vocal Variety
- Using Descriptive Language
- Using Presentation Software

**Level 4 Elective Projects (choose 1)**
- Building a Social Media Presence
- Create a Podcast
- Manage Online Meetings
- Manage Projects Successfully
- Public Relations Strategies
- Managing a Difficult Audience
- Public Relations Strategies
- Question-and-Answer Session
- Write a Compelling Blog

**Level 5 Elective Projects (choose 1)**
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Lessons Learned
- Moderate a Panel Discussion
- Prepare to Speak Professionally