



THE FOURCASTER



NEWS AND INFORMATION FOR DISTRICT 4 TOASTMASTERS

VOLUME 64, NO. 3

Special Edition

A Successful Fall Conference

Reema Mahamood, DTM, District Governor

Fellow Toastmasters, the Fall Conference lived up to its promise to set the stage for success! The conference was well attended, the workshops imparted lots of useful information, the contestants were outstanding, and all these together provided for an entertaining day. The Friday night reception was a relaxing way to meet and greet Toastmasters whom we had not met before and whom we may not have had the chance to meet in the hustle and bustle of Saturday's events.

My sincere thanks to our Conference Co-chairs, John Fenwick and Anne Hu, and their hard-working committee. They set the stage for success. Our next conference will be in the spring on May 20, 2000. Please plan on joining us for yet another exciting day where we will celebrate the successes prompted by this year's Fall Conference.



Reema Mahamood, DTM
District Governor, 1999-2000

Fall Conference Committee

John Fenwick, DTM, PID

We have been privileged to serve as members of our 1999 District Four Conference Committee. We set aggressive goals, worked as professionals, had a lot of fun, and always treated everyone with dignity and respect. This has been the finest District Conference Committee I have ever seen. It is with great pride that I recognize the members of the Conference Committee:

- | | |
|--------------------------------|---|
| Billie & Pat Bishop | Sergeant-at-Arms / Facilities / Hospitality |
| Liz de Clifford | Publicity and Photography |
| Sig & Diane Dekany | Conference Skit |
| Carol Fenwick | Flyers |
| Deborah Ferry | Registration |
| Guy Ferry | Certificates |
| Janelle Freeman | Contests |
| Mike Kaminski | Facilities |
| Naomi Levenson | Treasurer |
| Donna Snow | Programs |
| Cheryl Watkins | Credentials |
| Diane Vaughn | Educational Programs |
| Clint Oram | Host Division Governor |
| Tom Dennis | Lt. Governor Marketing |
| Randy Preston | Lt. Governor Education |
| Reema Mahamood | District Governor |
| Anne Hu | Co-Chair / Sergeant-at-Arms |
| John Fenwick | Co-Chair |

Winter 2000

In This Issue

- 1 A Successful Fall Conference
- 1 Fall Conference Committee
- 2 Public Speaking Opportunities in Health Care
- 2 Hotline Callers Are Waiting for Your Club's Invitation
- 3 District Speech Winners
- 3 Conference Presenters
- 3 Successful Marketing
- 4 Education Awards & Achievements

THE FOURCASTER

Kevin Fox, CTM
District Bulletin Editor
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San Francisco, CA 94121-1244

Public Speaking Opportunities in Health Care

Art Henderson, DTM, PDG

Here is a public speaking opportunity in the health care industry.

I am sending this letter to you in the hope that many Toastmasters will be encouraged to learn more about health care, for themselves and for those they care about.

Very few of the current members of Toastmasters International (if they themselves are not seniors) do not have parents or grandparents that are finding themselves increasingly at the mercy of HMO's. They NEED to be educated, as does the Community in general, regarding free assistance available in obtaining the medical care prescribed by a physician. These members all too soon have the same NEEDS.

I found myself in need of assistance, after over a year of delays and denials of treatment that has to date resulted in 4 hospital stays and two total knee replacements in the same knee, due to "cost-effective" care "provided" by my HMO.

Fortunately, after contacting the Council on Aging of Santa Clara County, Inc. (2115 The Alameda, San Jose, CA 95126), I was put in touch with a local volunteer who was able in one day to obtain the advance approval for two types of therapy deemed essential for the second Total Knee Replacement. This same individual has intervened on my behalf many times since then, when approval of therapy extensions was again being delayed unnecessarily.

When I questioned the lack of awareness of this service, the organization's shortage of volunteer speakers was identified. At their request, I promised to alert Toastmasters International to this nationwide need, and to solicit member participation wherever possible. Contact Lorraine Larson at (408) 296-8290, ext. 3243.

-- continued on page 3

Hotline Callers are Waiting for Your Club's Invitation

I can never say enough about this membership tool we have in District Four. We have over 100+ callers each month looking for a Toastmasters club. My home club just two weeks ago had 8 guests, all directed to us from the Hotline List. What a meeting we had. It was great to have 8 different people witnessing the Toastmasters Program. The club members were so excited to have these guests and the guests were very happy someone contacted them.



Hotline Coordinator
Peter Rapier
Prapier@Hotmail.com

Email Peter and get on his Email Distribution List which is sent out twice monthly. Peter wants more email recipients, so pass on the word to your clubs. There is no reason to have less than 20 members in each of our District Four Toastmasters Clubs.

Thank You,
Tom



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Lt. Governor
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The Fourcaster is published three times per year to benefit the members of Toastmasters International in the San Francisco Bay Area and beyond. Comments and suggestions are welcome and may be addressed to Kevin Fox, Editor or to Reema Mahamood, District 4 Governor.

Please direct articles for submission to Kevin Fox, 272 th Avenue, #2 San Francisco, CA 94121-1244.

Design & Layout by Kevin Fox, 1999

The Fourcaster publishes news and information for District 4 Toastmasters, which includes events and accomplishments for club, area, and division level participation in Toastmasters International.

Thank you: Reema Mahamood, Randy Preston, Tom Dennis, Art Henderson, John Fenwick.

Public Speaking...continued from page 2

I recall, in the early days of my Toastmasters experience, hearing it said that "People initially join Toastmasters for purely selfish reasons, but it is not until they direct their attention to benefiting others that they get the most out of the Toastmasters experience." With this in mind, and the Toastmasters International encouragement of Community Volunteer activity, I have now been an active volunteer speaker for the American Cancer Society for over 25 years, and know just how true the saying was. Comments by audience members show appreciation.

This appeal is being made on behalf of the ever increasing number of Senior Citizens in America, and for the benefit of the family and friends of Toastmasters International members.



DISTRICT SPEECH WINNERS

HUMOROUS: FIRST: VINCE KEATS
 SECOND: ROB AITKEN
EVALUATION: FIRST: RICHARD WANG
 SECOND: LISA ANDERSON
 THIRD: TOM ARNOLD

BEST CLUB NEWSLETTER

**THE GOLDEN QUILL GOES TO PAM BURKES,
 EDITOR OF THE SUNRISER, NEWSLETTER OF
 SALINAS SUNRISE TOASTMASTERS CLUB**

CONFERENCE PRESENTERS

**KEYNOTE SPEAKER:
 CATERINA RANDO**

**WORKSHOP LEADERS:
 JOAN BANKS, CHUCK EUDY, ANNALIESE
 FURNAS, JIM GRIFFIN, SHIRLEY NICE,
 AARON PARNELL, DANA SCHULTZ,
 SUSAN SCHWARTZ, AND GREG SCOTT**

THANKS!

Successful Marketing

Tom Dennis, DTM, Lt. Governor Marketing

Membership is the single biggest challenge our Toastmasters club has in District Four. Our club members are wondering what it will take to bring a guest into their club and to do this with regularity. The one thing I have realized over the last few year is that membership is ongoing and even when your club has 40 members you should not stop recruiting. I have used the **five steps** below to help my home club maintain their membership:

Hotline Caller: I have contacted Peter Rapier at Prapier@hotmail.com and got on his email distribution of the Hotline Callers contact Information.

five
 (5)
 steps
 ...to
 keep
 alive!

San Jose Mercury News: I contact SJ Mercury before 12pm on Tuesdays and submit our club information for free. We do this regularly.

Flyers: We have flyers around our Club Location. They get torn down and we just continue to put them back up!

Membership Contest: We have a membership contest and recognize our members on a regular basis!

Guest Book: We dust off the Guest book and re-invite our past guests. Joining a Toastmaster Club is always about Timing!

Do these five items on a consistent basis and your club will prosper with many guests & new members.

VISIT US AT WWW.D4TM.ORG TO FIND A CLUB NEAR YOU!

District Four: Serving the San Francisco, San Mateo, Santa Clara, Santa Cruz, San Benito, and Monterey Counties.

OUTSTANDING VICE PRESIDENT OF EDUCATION AWARD -- TIME TO NOMINATE!

This year, the District will be recognizing one VPE from each Division as Outstanding VPEs. The VPE is the educational leader of the Club, coordinating the educational activities of the club, organizing the contests, scheduling the speeches and motivating speakers to give manual speeches and continue forward in the Toastmasters program.

To nominate your VPE as the Outstanding VPE from your Division, write a one- or two-paragraph description stating how your VPE has helped your club and its members reach their educational goals. Include special services and activities that your VPE has organized that or participated in that make your VPE an outstanding officer. Send this statement to Randy Preston, Lieutenant Governor of Education and Training, PO Box 3043, Santa Clara, CA 95055. Any person except for District officers who has served as VPE from July 1 to May 1 is eligible.

As of December 31, 1999 —

The following people have received their CTM recognition since July 1:

- 33 DIANE SUN
- 33 DOUGLAS M. THIESSEN
- 65 CHRISTOPHER PHILLIP LOCHER
- 191 JAN S. HALF
- 342 ELLEN LANDIS
- 530 HEMANT B. MORE
- 595 JOHN C. ALLANSON
- 879 MICHAEL J. JACKSON
- 949 PAUL A. SMITH
- 1133 MATTHEW TAYLOR
- 1141 MARK W. SIEWERT
- 1244 ANDREW M. WILCOX
- 1244 GRAYSON M. KIRTLAND
- 1435 CARL A. DITMORE
- 1435 JULIE A. HURSEY
- 1560 SUSAN LIN
- 1577 RAYNHAM INGEBORG
- 1618 JERE E. YOST
- 1771 JAMES M. TOMPKINS
- 1771 KIMBERLY S. NELSON
- 1771 SEBASTIAN C. SCALA
- 1829 CYNTHIA L. STANFORD
- 1829 RON NELSON
- 1881 AURORA N. TAN
- 1881 ERNEST D WADE
- 2032 ANN G. JACOBSON
- 2038 JERRY H. JARVIS JR
- 2038 JOY M ENGSTROM
- 2117 GARY LURIA
- 2203 ROGER TU LEE
- 2697 AUGUSTO H. TAGARO
- 2840 PRAFULLA K. MISHRA
- 3088 E. ROSEANN SEIFERT
- 3088 PATRICIA F JOHNSTON
- 3240 JERRY HANSEN
- 3240 PATRICIA HANSEN
- 3295 PETER KIM NG
- 3328 RICHARD C. BURTON
- 3476 DIANE DE ANGELIS
- 3802 AMI SATTINGER HOLDER
- 3802 BRUCE L. DRAPER
- 3802 CINDY S. RADY
- 3927 PAMELA TABLAK
- 4004 LEE RONALD WEBSTER
- 4014 MONICA Q. KUSAKABE
- 4148 JEANNETTE S. TOWNSEND
- 4224 CHRISTINE ANN CARRAUTHERS
- 4224 DAVID L. PRUDHOMME
- 4224 EVADNE SWIFT
- 4547 BARBARA J. MOUNTREY
- 4547 KAREN J. KUPEL
- 4606 LISA M. LETHIN
- 4608 ALICE A. BITTNER
- 4608 FRED VINCENT SCHWALBACH
- 4658 JEAN H. WANG
- 4658 TRANG T. PHAM
- 4920 MICHAEL N. TAYLOR

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- 5015 SUSANA F. ANTUNES
 - 5151 SHOVAN K. KUNDU
 - 5232 MARSHA L. GARCIA
 - 5232 SANDRA ANN CLARK
 - 5610 CYNTHIA PAULO
 - 5825 PETER DEMACARTY
 - 6028 MARILYN COLLINS
 - 6521 JIM MULLIN
 - 6521 JOAN ARHELGER
 - 6521 NOEL E BRAGG
 - 6521 WILLIAM BRADFORD
 - 6645 ANDREW D. EDWARDS
 - 6645 ARNULFO RAMOS
 - 6645 JOSEPH RODRIGUEZ
 - 6790 KELLY RYAN
 - 6790 MICHAEL B. FOSTER
 - 6980 NANCY JANE BAIN
 - 7146 PATTI GLICK
 - 7168 ANA BEATRIZ REEDER
 - 7283 TRACIE CHANDLER-MILLER
 - 7430 SANDRA M. SCOTT
 - 7481 KEITH D. RECTOR
 - 7481 ROBIN W. ILLERS
 - 7481 THOMAS R. HOGAN
 - 7806 LINDSAY L. MCCALL
 - 7871 TIM D. GORDON
 - 7932 K.C. MARES
 - 8113 MICHAEL A. WANG
 - 8153 CELIA K. TANG
 - 8172 ABIUD A. AMARO
 - 8266 KEVIN LOI
 - 8360 THERESA E. ROWE
 - 8499 CARL A LAING
 - 8499 CARTER M. THOMAS
 - 8499 SARALA A. RAO
 - 9093 CONNIE BLACKBURN
 - 9093 DEBBY HUNGERFORD
 - 9093 JOHN KLIEGEL
 - 9093 KAREN HALEY ALLEN
 - 9093 PETER KOTSINADELIS
 - 9109 NANCY L. PETTITT
 - 9285 ERIK T. PETERSON
 - 9285 WILLIAM J. BATHURST
 - 9444 JAMES R. BOSTER
 - 9473 ANIL TELIKEPALLI
 - 9473 JAYASHREE RANGARAJAN
 - 9473 ROSI FREEMAN
 - 9593 RICHARD F. CLEMENTS
 - 9737 CHRISTINA GUTMACHER
 - 9737 DARRYL ROBERT GOSTISHA
- The following people have received their ATM recognition since July 1:**
- 56 KATHLEEN CHAN
 - 191 MARY ELSIE ROBERTSON
 - 595 PATRICIA A. GARCIA
 - 934 NANCY E RUSHMER
 - 934 RICHARD A WESTBROOK
 - 949 SUE LANSEL
 - 1242 PETER JOHN ARTHUR GAPOSCHKIN
 - 1372 JOEL C SIBERT

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- 1829 BETTY L DOLCATER
- 1829 BUNNY STEVENS
- 1829 PAMELA A BURKES
- 1881 RICHARD E. MAR
- 2697 DINO KACHHI
- 2697 ERNIE P SANA
- 3626 JANE HEGRAT
- 3802 JAMES B GRIFFIN
- 4124 HIDEKO ROSIE SHIMONISHI
- 4515 BRANDY DEVINE
- 4802 LINDA DIANE BATES
- 4930 ELIZABETH H MARSHALL
- 5015 KAYLENE D. BUTEAU
- 5151 MARIAN CHINN
- 5234 CRAIG D CONKLING
- 5430 JOSEPH LOVEJOY
- 5430 JOSEPH F HUGHES
- 6284 LAWRENCE ROY HILEMAN
- 6521 MICHAEL STEVEN HEBEL
- 6654 PATRICK RAY WILKERSON
- 7190 PETER M RYON
- 7201 PETER S TANNEN
- 7242 ANUPAMA R DESAI
- 7871 MIKE S FRIEDMAN
- 7975 JUDI K KORTZ
- 7998 BILL CHESTER WELLS
- 8008 RICHARD ECKMAN
- 8203 LAWRENCE FOGEL
- 8221 STEVEN DELLAPORTA
- 8266 DIDI WHEI-FANG GU-CHIANG
- 9408 MICHELLE CALVO
- 9825 ROGER SMITH

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The following people have received their CL recognition since July 1:

- 27 RANDY PRESTON
- 56 KATHLEEN ALLEN CHAN
- 56 LOUISE HENNESSY
- 1435 REEMA Y MAHAMOOD
- 1435 VICTOR R. FRANK
- 1829 JOSHUA RAMEY-RENK
- 3670 BIEN NGUYEN
- 3927 PAMELA TABLAK
- 4004 BRUCE D LYLES
- 4224 WILLIAM R. CARR
- 4270 KELLY EMO
- 4304 NEIL SHAPIRO
- 5015 KAYLENE D. BUTEAU
- 6274 BRENDA N. CAINE
- 6284 LAWRENCE ROY HILEMAN
- 7201 PETER S TANNEN
- 7975 CHARLENE JEANNETTE OXOBY
- 7975 KATHY STAKEY
- 8203 LAWRENCE W FOGEL
- 9285 RANDY H SAMBERG
- 9473 JAYASHREE RANGARAJAN
- 9473 LINDA PATRICK

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The following person has received her AL and DTM recognition since July 1:
49 MARGARET FAGETTI

If you think a member of your club should be on this list, but isn't it may mean that headquarters has not received the paperwork. Check that the paperwork has been sent or call headquarters to find out what has happened. Make sure your club and your members receive the recognition they so richly deserve.