



# The FOURcaster



VOLUME 75, ISSUE 3 SPRING 2010

## DISTRICT 4 TOASTMASTERS



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## All Hands on Deck! - for the District 4 Spring Conference!

by John Lente, ATMB, CL, PR Chair for the Spring Conference

How far would ye sail to find a pirate's treasure? Tortuga? Port Royal? Madagascar? How about Monterey Bay? Aye, this Spring weigh anchor and set sail for the Embassy Suites-Monterey Bay on May 14th & 15th for the "All Hands on Deck" District 4 Spring Conference!

Registering on the District 4 website by May 3rd ensures ye the Captain's Special rate of only \$50! This is the lowest rate for a District 4 conference ever!

And what does that \$50 get you?

Keynote speeches from world-renowned speakers! Top notch educational sessions from some of the finest Toastmasters and leaders in the District! Admission to both the Table Topics and International Speech Contests! Seating in the famous Hall of Fame awards ceremony! The chance to participate in top-of-the-line opportunity drawings, win silent auctions, and a whole lot more!!

#### **Keynotes & Workshops:**

##### ***Not-So-Hidden Treasure!***

As exciting as it is to see the finest prepared and impromptu speakers in the District compete for the top title, the true value of the conference is found in the keynote speeches and educational sessions. Patricia Fripp, former president of the National Speakers Association and coach to several World Champions of Public Speaking, will deliver her Saturday keynote speech, "All Hands on Deck... Hollywood Style" and a workshop titled "Good to Great." Other invaluable workshops and speakers include Past International Directors and Toastmasters

of distinction from all over the District including:

- John Fenwick
- Susan Swope
- Ken Cawley
- Diane Vaughn
- Mary Jeanne Vincent

These outstanding speakers will lead attendees through sessions on subjects such as:

- Using the Distinguished Club Program to enhance your club atmosphere
- How to get your club on track to reach its goals
- Successful team building
- Using your Toastmasters skills in your career
- Remaining competitive in today's flooded job market

Register early to guarantee your seat in these "don't-want-to-miss" workshops where there is something for everyone!

#### ***Room for All!***

For those Toastmasters setting sail from the far ends of the District, there are special arrangements at the Embassy Suites to be had for early registrants. The hotel has offered several rooms at the special rate of only \$145 which can comfortably berth three people! Imagine staying in the luxurious Embassy Suites and attending the whole conference for the lowest rate ever for less than \$50 per person! To get a better deal than this, well, you'd have to resort to piracy!

*(Continued on page 2)*

## AGENDA

### Friday Evening

- Registration and Reception
- Keynote: Ken Cawley
- Table Topics Contest
- Hall of Fame

### Saturday Morning

- Registration and Continental Breakfast
- Keynote: Patricia Fripp
- Educational Sessions

### Saturday Afternoon

- Communication & Leadership Luncheon
- District Business Meeting
- International Speech Contest

*(continued from page 1)*

### **Hidden Treasures Await!**

Perhaps you're coming to cheer on your favorite speaker. Perhaps you're coming to hear Patricia Fripp, Mary Jeanne Vincent, and the other legendary speakers of the bays. Regardless of the draw, it's no secret that you're all hoping to leave with more booty than you can carry through the opportunity drawings and silent auctions! You have to come to see what you can dig up on the sandy shores of Monterey, but the chance to win prizes from local businesses and services, such as Trader Joe's and Borders, as well as independent business owners and District 4 members for experiences and services including whale watching, complimentary training on online broadcasting, 48 hours of "From A

to Z Career Marketing" counseling, an Apple Campus Tour, and a Karaoke Party - these are like a siren's song calling you to Monterey!

If you're one of the Pirate Lords of the Bay Area with booty to share, contact Elizabeth Mitchell at 202.255.8140 or [cjmky@hotmail.com](mailto:cjmky@hotmail.com) to make your wares and services available for the drawing and auction.

Don't miss out on this spectacular event! Save yer gold by registering by May 3rd and securing passage to the "All Hands on Deck" District 4 Spring Conference in Monterey Bay! Come for the speakers, stay for the workshops, cheer your champions, and win the booty!! YARRRR!!!!

Register  
[HERE!](#)

**Embassy Suites**  
1441 Canyon Del Ray Blvd  
Seaside, CA 93955

### Directions

1.831.393.1115  
Mention the Toastmasters Rate  
of \$145!

# All Hands on Deck!



Assemble yer Crew and set sail for the  
**District 4 Spring Conference**  
May 14 & 15, 2010

Find yer Toastmasters Treasure at the  
Embassy Suites-Monterey Bay!

Keynote Speaker  
**Patricia Fripp, CSP, CPAE**  
will also deliver an exclusive educational session on Saturday! Register for the full event to ensure your seat in this guaranteed must-see workshop!



Save yer Gold by Signing Up Early!

**Captain's Special: Only \$50!**

✦ Full Conference by May 3

**Late Mate's Rate: \$75**

✦ Full Conference as of May 4

**Land Lubber's Fare:**

✦ Friday Events Only \$30

✦ International Speech Contest Only \$30

Register at [http://www.D4TM.org/D4\\_Events/conference.html](http://www.D4TM.org/D4_Events/conference.html)



## Voting Procedures / Proxy Instructions

by Cheryl Watkins, DTM, PDG and Kitty Mason, DTM, PDG, PID

District Council members will vote on District Business. District Council members include the Presidents and Vice Presidents of Education from each District 4 Toastmasters club in good standing at the time of the District Council meeting and current District 4 Executive Committee members (includes District Governor; Lt. Governor Education & Training; Lt. Governor Marketing; Public Relations Officer; Immediate Past District Governor; Division Governors; Area Governors; District Secretary and District Treasurer).

Each President and Vice President of Education in attendance is entitled to one vote, or may designate in writing any active individual member of the club as a proxy. If one of these officers is not in attendance and has not designated another club member as a proxy, the officer or proxy in attendance shall be deemed to hold the proxy of the other and may, therefore, cast two votes. Proxy forms may be signed by either the

President or Vice President of Education of the club and may not be assigned to Toastmasters who are not members of that club. No Toastmaster may cast more than two club votes, regardless of the number of clubs of which the Toastmaster is a member. You may use the proxy form printed below or prepare a similar one of your own.

Each District officer is entitled to one vote, which must be cast in person. Proxies are not accepted for District Officers. A District Officer may also carry up to two club votes. The maximum votes that can be carried by a District Officer are three.

If you are a club President, Vice President of Education, or District Officer, check in at the Credentials Desk and sign for your ballots. If you are the proxy for the President and/or Vice President of Education, present your signed proxy form to the Credentials Desk.

All Toastmasters who are planning to attend the Conference: if neither the President nor Vice President of Education is attending, have them complete the proxy form for another club member who will be attending.

Inattention to this matter will result in your club's not being able to cast its votes. We encourage you to pick up your ballots as early as possible from the Credentials Desk.

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***Make your club's voice heard  
at the  
District Business Meeting!***

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### Toastmasters International - District 4 Spring Conference May 14-15, 2010 District Council Meeting Proxy

Club Name: \_\_\_\_\_

Club Number: \_\_\_\_\_

I hereby appoint \_\_\_\_\_ to vote as my proxy during the District Council Meeting.

Signed: \_\_\_\_\_

Office: Club President [ ] VP Education [ ] (check one)

Date: \_\_\_\_\_





*Denet Lewis, as floor director for many of our episodes, shows the Bay to Bay cable show participants the hand signals to keep the show on time.*



## PAGE FOUR - GAINING MOMENTUM

One of the aspects of being Toastmasters is the fellowship - and fun! - that members share, be it at conferences, club celebrations, or simply honoring each other's accomplishments.

"Page FOUR" will be a single forum in which we can share our stories and photos - this replaces Faces of Four, Ambassadors of Four, and the District Four Scrapbook.

If you have stories or photos to submit, please write to [pro@d4tm.org](mailto:pro@d4tm.org).



*Marty Cheek, President of Morgan Hill Toastmasters, presents the "Excellence in Community Leadership" award to Brad Jones and Cinda Meister, owners of BookSmart and Garlic City Books. Check out the [Morgan Hill Times report](#), and the [video of the ceremony](#)!*



*"The Crew" stops briefly during the TLI at Cadence, soon continuing on to solicit more volunteers for the "All Hands on Deck" Spring Conference! l to r: Rachele Onishi, Art Testani, Arnie Buss, April Flint, Kristian Crump.*



*Oksana Walton chats with Craig Valentine, 1999 World Champion of Public Speaking, after the TLI held in January at Cadence.*

*For photos of our last several events and conferences, check out our photo albums here: <http://picasaweb.google.com/District4PRO> courtesy of Robert Tang.*

## NOMINATING COMMITTEE REPORT

The Nominating Committee met on March 13th, 2010. The Committee interviewed candidates for District leadership for the term 2010-2011. After deliberations, the Committee nominated the following candidates:

- For District Governor, Mike Barsul, DTM
  - For Lt. Governor Education and Training, Jennifer Stephenson, ACS/ALS
  - For Lt. Governor Marketing, Sherrie Osborne, ACB/ALB
  - For Public Relations Officer, Birgit Starmanns, ACS/ALB
  - For Division A Governor Alisha Empleo, CC/CL
  - For Division B Governor Open
  - For Division C Governor Elaine Lung, ACS/CL
  - For Division D Governor Brian Colegrove, CC
  - For Division E Governor Ellen Anderson, ACS
  - For Division F Governor Kristyn Fredricks, CC/ALB
  - For Division G Governor Miriam Kojnok, CC/CL
  - For Division H Governor Open \*
- \* update Andy Coltart ACS/CL has withdrawn his nomination for Division H Governor



Respectfully submitted,  
Tony DeLeon, DTM, IPDG  
Nominating Committee Chair

### Candidate Statement: District Governor

by Mike Barsul, DTM, Lt. Governor of Education and Training



Michelangelo is quoted as saying “in every block of marble, I see a statue ... shaped and perfect ... I have only to hew away the rough walls ... to reveal it.”

Just as Michelangelo let the stone fall away to reveal the sculpture, we as Toastmasters let the stones fall away every time we eliminate our ah’s and um’s, practice the power of our pauses, develop strong speech content, practice our delivery, and take on leadership roles. What is revealed is the communicators and leaders that we

truly are. That is both the magic and the treasure of Toastmasters.

When I walked into my first Toastmasters meeting over 4 years ago, I did not know who I was as a Toastmaster. It has taken these past 4 years of commitment and dedication for the Toastmasters process to reveal to me that I am ready for this job. My understanding of that is my chief qualification for the position as your District Governor.

This past year as Lieutenant Governor of Education and Training has given me the opportunity to work with some amazing people, many of whom are also running for election to move forward with me to lead the District in the upcoming year. Working together this past year has

allowed us to develop strategies so that we can, with your vote, hit the ground running on July 1.

Please be at the Spring Conference to make your vote count. Make sure your Club votes are cast and accounted for. I need every one of you to help make the 2010-2011 year a huge success! Thank you for all of your support up to this point in my “Toastmasters career.” Although I will never be “shaped and perfect,” as Michelangelo said, I may one day be a better speaker and a better leader, and it will be because each of you helped me to “hew away the rough walls.”

See you in Monterey in May.



## Candidate Statement: Lt. Governor of Education and Training

Jennifer Stephenson, ACS, ALS, Lt. Governor of Marketing



Toastmasters International is the leading movement devoted to making effective oral communication a worldwide reality." Those aren't my lofty words; they actually make up the first

sentence of our organization's Mission. The key to achieving this [Mission](#) is the educational program followed in each club around the world. The Toastmasters program really works if members work the program!

The official role description says the "lieutenant governor education and training (LGET) strives to have every club and each member reap the benefits of the Toastmasters educational program and become a Distinguished Club." If I

am elected LGET for next year, I want to help members understand the Toastmasters communication and leadership programs and the wealth of benefits they offer. I also want to make our members understand the Distinguished Club Program (DCP) as not only a way to get recognized for club achievements, but a simple and effective way to set goals that ensure clubs remain strong and healthy in the areas of membership, education, and club administration. I'll also encourage all clubs to hold semi-annual speech contests as a way to recognize and learn from top speakers, plus a great chance to mingle and network with members from other nearby clubs.

Let me start now... Don't know all the programs available in the Toastmasters Communication and Leadership tracks? Check out the [Educational Program web](#)

[page](#). Want to learn more about the DCP? Learn where your club stands this year in the [Distinguished Club Program Reports](#). (Don't know your club number? [Search for your club](#).) Questions about the DCP goals? Check out the [DCP Manual](#) for all the details!

If these resources don't answer your questions, I encourage you to talk to your club officers, contact your local Area Governor, or email [lget@d4tm.org](mailto:lget@d4tm.org) and we'll help as much as we can.

I have learned a lot serving as your LGM this year, as well as in my past roles Division Governor, Area Governor, and 3 years of club officer terms, so I believe I am up to the challenge of working with you as LGET. I'm looking forward to another great Toastmasters year in 2010-11!

## Candidate Statement: Lt. Governor of Marketing

Sherrie Osborne, ACB, ALB, Division H Governor

As your Lt. Governor of Membership (LGM) for 2010-2011, I will lead a team of enthusiastic Toastmasters who will focus on ensuring District 4 has a strong, healthy, and vibrant membership base.

### **Membership Building**

Currently, about 50% of the clubs in our district have 20 members or fewer (i.e., they are below charter strength). In fact, many of these clubs have fewer than 12 members. Low membership may impact various aspects of club performance (e.g., club members may double up on roles, dues and club officer lists may not be submitted on time, club officers may not attend training, contest participation may not be optimal, and the club may have no plan to become Distinguished). Low membership issues may lead to a vicious cycle of member needs not being met, frustration, and burn out.

addressing the underlying problems associated with low membership. In doing so, for those clubs that want assistance, my team and I, with your support, will create and deliver best practices based solutions that make membership building a core competency in our District!

### **New Clubs**

It is imperative that we develop healthy new clubs whose membership base will take us from where we have been to where we are going. I and my team, with your support, will deliver programs aimed at creating demand for the Toastmasters program and conversion of new leads to new clubs.

### **In Closing**

Demand for our program has never been greater. To attract the next generation of Toastmasters, it is imperative that we offer a product that is worthy of their time. Strong, healthy, and vibrant clubs are critical to our success. Consider this:

if you were to refer someone to a Toastmasters club, wouldn't you prefer to point him or her to one that you know has high quality meetings and follows the Distinguished Club Plan (DCP)? I know I would. Clubs with a bench strength in their membership base are much more likely to be those clubs!

And, for those of you who don't yet know me, here are my accomplishments since joining Toastmasters on 10/1/07: ACB, ALB, 2 term club president, Area H5 Governor & District AG of the Year, Division H Governor, D4 Fall 2009 Conference Event Chair, Bay to Bay Speaker - Episode 18.

I look forward to serving as your LGM and working with you.



As your LGM, I plan to implement programs and a support structure aimed at



## Candidate Statement: Public Relations Officer

by Birgit Starmanns, ACS, ALB, Public Relations Officer

Rome was not built in a day. And neither is building a brand - including the District 4 brand!

When I first started working on public relations for District 4 as a committee head in December 2008, I asked members of clubs I visited what they thought of our newsletters. I was surprised to learn that there was confusion over which messages came from Toastmasters International, and which from District 4.

In response, as Public Relations Officer, I have put several programs in place in the past year to build a recognizable brand for District 4. We have come a long way:

by implementing a consistent look and feel with our District 4 e-mails; dipping our fingers into social media with a Facebook page and a LinkedIn group; generating visibility through our Bay to Bay cable access show; and collecting experiences and best practices so that District officers can leverage them to plan better speech contests and officer training.

So why run again? Because there is more to do. We have laid the groundwork for many of these projects, and need to build on them to truly make them successful. Many of you have offered suggestions, ranging from topics of e-mail subject lines to identify District 4, to ideas on

how to use social media more effectively, to creative use of video for PR. With your vote, let's continue that dialog for one more term and put these ideas into practice!

My mission is to make each member of District 4 an ambassador for Toastmasters, by providing the ideas, tools, and dialog to create the buzz about how beneficial - and fun - our organization is to all its members!



### Quick Links for PR

[PR Resources](#)

[Bay to Bay Television Show](#)

[PR for TM Blog](#)

## Candidate Statement: Division A Governor

by Alisha Empleo, CC, CL, Area A1 Governor

Initially, I joined Toastmasters to improve my communication skills; I stayed because I see the positive influence that Toastmasters has in everyone's life. I have been a member since June 2006 and I am very happy to be considered for Division A1 Governor.

From the very beginning, I have favored the leadership track. Within six months of joining, I served as VPPR where I

established my club's first website and within another six months, I advanced to President where I helped my club achieve President's Distinguished.

Never a dull moment, I moved to VP Education and then on to my current role serving as the Area 1 Area Governor. Along the way, I have learned how to listen effectively, engage others and ask for help when needed. To me real success

is about team work and the ability to work together. One person can only do so much, but together we can make a larger impact and achieve success.

As Division Governor, my goal is to help develop leaders and speakers!



## Candidate Statement: Division C Governor

by Elaine Lung, ACS, CL, Area C4 Governor

Have you noticed that Toastmasters meetings can be both terrifying and exhilarating? As a new Toastmaster in 1999, I attended my first meeting as a member, terrified at the thought of being asked to answer a Table Topic. I'll never forget the exhilaration of finishing my Icebreaker speech, or the warm reception my club gave me. Motivated by the supportive and friendly atmosphere of Toastmasters, in 2002 I ran for club president –

terrifying! That fantastic team of club officers helped me to learn

to be better leader as we achieved President's Distinguished status – exhilarating!

Last year as a first-time Area Governor, I worked with the leaders of the Area C4 clubs to host District officer training and two area contests. Exhilarating! And yes, I learned about leadership.

Thank you to my home club, Xilinx Xpressionists, the clubs of Area C4 and the District 4 leadership team for their support and teamwork this past year.

Though Toastmasters is known as a place to develop public speaking skills, it also offers the opportunity to lead and participate on teams.

In the upcoming Toastmaster year I will work with Division C members to support their goals, and to help the areas and clubs be the best they can be. I invite you to join me in making your next Toastmasters year a time to "Learn to Lead."



## Candidate Statement: Division D Governor

by Brian Colegrove, CC, Area D1 Governor

When I graduated from College two years ago, I had already been a Toastmaster for two years. I enjoyed my time there and learned as much about myself, as the skills that Toastmasters could teach me. But I had no idea until I was facing the challenge in my new career, how valuable my Toastmasters skills were.

As I confronted the numerous tasks of my position, I came to understand that my Toastmasters experience was not something that I could just leave behind. I needed to continue to enhance and refine these skills to reach my goals. When I started my first job in July 2008, I soon inquired to see if there was a corporate club. There was. I joined. It wasn't long before I saw that I had to take on greater challenges to continue my

development. In light of this, I decided to take on the Area Governor role. There have been many times I questioned the wisdom of this choice, but just as many times I have been proven wrong.

One of the things I enjoy most about my role in Toastmasters is actually speaking in front of groups of people. I've had the opportunity to be test speaker at speech contests and have also enjoyed being a speaker at demo meetings for new clubs. Honing my skills in so many venues as a Toastmaster has been one of my greatest joys. While developing these assets, I have gained an appreciation of Toastmasters and what it has to offer.

I was asked to consider being Division Governor three months ago. I said no. After the thought stewed with me for a

few days, I realized that the next step for me in Toastmasters was going to be the leadership track. I decided that it was only through continuing to challenge myself as a Toastmaster that I would move forward with my own personal growth. So now, I look forward to building on the success of Division D while continuing to challenge its extraordinary members. With your help, I'll strive to accomplish this.

I look forward to working with the new team starting July 1.



## Candidate Statement: Division E Governor

by Ellen Anderson, ACS, Division E Governor



I began my Toastmasters leadership in 2008 when an emergency meeting was called by our then D2 Area Governor Mike Barsul, who told the few remaining members of

San Francisco Realtors Toastmasters that we had a choice to make: give the club one last push, or close the club. We rallied to save the club and I volunteered to lead the effort as the new President. I will remember that day forever because being accountable to the membership and working with the leadership team to find purpose against the odds changed my life and made me a better person.

What happened to San Francisco Realtors Toastmasters? In the 2008-2009 term of my Presidency we became a President's Distinguished club! Receiving that ribbon at the District conference was a very proud moment for me.

I was hooked! For the 2009 - 2010 I took on the assignment of D2 Area Governor and I'm very proud to report we are well on our way to becoming a Distinguished area!

In this 2009-2010 term when the office of Division E Governor was vacated. I offered to step into that role while continuing my position as area D2 governor. After being interviewed and approved by District leaders I began working with, arguably, the most dynamic Division there is. On the whole, the culture of Division E is strong, intelligent,

and unapologetically bold. In other words, great fun, and a privilege to work with.

I look forward to continuing the work I've just begun as Division E Governor. I have learned much in the months since I embraced this challenge and am excited about the successes and lessons I will bring to the 2010 - 2011 term. It's clear there's room for Division E to grow, and with my leadership team, I intend on taking us there! Then again personally, my biggest payoff always, is in inspiring new Toastmaster leadership. I thank you for your support of my candidacy for Division E Governor.





## Candidate Statement: Division F Governor

by Kristyn Fredericks, CC, ALB, Area F5 Governor

When I visit the clubs in my Area, I always take a moment to introduce myself to the new members and guests. I tell them that my job as an Area Governor is to support, guide, and empower the 5 clubs in Area F5. When thinking about why I wanted to pursue the Division F Governor position, the last word of that stuck with me – empower.

My experience in Toastmasters so far has been wonderful. I've learned to be confident when speaking, as I did in front of 200 people at the 2008 Table Topics District Contest. I've learned to relate to people from different walks of life, as I

did while serving as club President. But most importantly, I've learned that it is ok to feel empowered, to allow others to support you and want you to succeed.

It's not often in our daily lives that we have the opportunity to empower others in the same way that we have been. As a result, this is my vision for Division F. I plan to ensure that members continue to feel engaged and encouraged. By putting these goals first, we will allow members to reach their own personal goals within Toastmasters.

Marianne Williamson wrote, "We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be?" I believe we are all meant to shine and I hope to bring this concept to Division F in the coming year.



## Candidate Statement: Division G Governor

by Miriam Kojnok, CC, ALB, Area G2 Governor

Why would anyone jump out of an airplane at 14,000 feet above the ground? The person is either out of their mind, or has set out to overcome a fear. After my first skydiving experience, I discovered something about myself: I can achieve anything in life, but I have to take action. If I had not gathered the courage to overcome my fear, I would have never experienced the thrill of a free fall or the peaceful glide back to earth under the canopy of my parachute.

If I had not joined Toastmasters International, I would have never realized that being a speaker and a leader could be fun, exciting, inspirational and fulfilling. I have conquered my fear of public speaking thanks to my club

members who, by becoming my audience, gave me the parachute of encouragement and offered suggestions that helped me land successfully.

Toastmasters continues to provide me the tools required to be an effective speaker, listener and leader. Being a club officer and volunteer opened doors to new leadership opportunities. I currently serve as the Area G2 Governor 2009-2010. Today, I stand in front of you as a candidate for Division G Governor.

As the Division G Governor, I will continue the tradition of excellence and strong leadership. I will develop a performance plan that will focus on the quality of club meetings. I will provide

the Area Governors and club officers the support they need to achieve Distinguished status. I believe that the Division and the District will achieve even greater success when individual members feel empowered to achieve their goals.

Let's dive in together for an exhilarating Toastmasters 2010-2011!



## MAKE YOUR VOTE COUNT!

Remember that we need a quorum at the business meeting at the Spring Conference in order to carry out elections, and to conduct other District 4 business, such as voting on the Division and Area realignments. If you are a Club officer, please register for the conference; if you are not available, please make sure to fill out the Proxy form in this newsletter for a Club member to ensure your voice is heard!



## District Realignment - Why and How are Decisions Made?

by Tony DeLeon, DTM, IPDG, Realignment Chair and Joe Madley, DTM, PDG

Each year, District 4 is required by Toastmasters International to review the distribution of its clubs within area and divisions. Our District is made up of over 200 clubs and distributed to 39 areas with four to six clubs per area and eight divisions encompassing four to five areas per division.

Each year, we charter a number of new clubs, some clubs stop meeting and disband and some clubs move to new locations within the District.

We also review the location and the health of our over 200 clubs. With this information, new area and division boundaries may change as clubs are moved to balance and strengthen each area and division. This process is known as realignment.

The realignment process began in February with the District Operating Committee. The division teams, made up of the Area and Division Governors then

worked on the club and area alignment for their specific area and divisions.

Criteria used by the leadership team are:

- workload for the Area Governor
- the geographical locations of the club
- the balance of aspiring and strong clubs, a aspiring club is one working on building membership, educational and leadership growth and is below 20 members
- what will be the least disruptive to the area and division

Proposals were then generated and were voted on by the District Executive Committee on March 20th. The outcome of that vote is presented here and will be offered for vote at the District Council meeting May 15th during the Business Meeting at the Spring Conference. It is important that your club's President, Vice- President of Education or proxy holder (see proxy article within this

newsletter) be at the meeting to vote on the final alignment plan for the District for the coming Toastmasters year starting July 1, 2010. It is very important that your club be represented at the Business Meeting either by one of your two above-mentioned officers or by the proxy holder from your club in order for the District to have a quorum at the Business Meeting. Either one of your officers or your proxy holder can cast both of your club's votes. Keep in mind, that this is a snapshot of our District as of March 20th, 2010 and that some additional changes may be proposed due to growth or loss of clubs between now and the May 15th Business Meeting.

Please review the proposed realignment for the 2010-2011 year that follows prior to the Business Meeting and discuss it with your Area or Division Governor.

The clubs that are affected are highlighted in peach.



Division A		
Area	Club #	Name
A1	934	Monterey Peninsula Toastmasters
A1	2032	Naval Postgraduate School
A1	4547	Speakeasy
A1	7120	Monterey Institute Toastmasters
A1	8221	Bayview
A1	8275	Peninsula Pros
A2	1829	Salinas Sunrise Toastmasters
A2	1939	Steinbeck
A2	4094	Planet Ord Toastmasters
A2	638813	B.L.T.
A2	964101	Helping Speakers Build Confidence
A2	1083068	Talk the Line
A3	1803	Santa Cruz Downtown Toastmasters
A3	2425	Seagate
A3	5127	Surf City Advanced
A3	7481	Santa Cruz Orators (SCO)
A3	8203	Redwood Ramblers Toastmasters
A4	301	City Shakers
A4	595	Aptos
A4	2373	Pajaro Valley
A4	3802	Evening Toastmasters

Division B		
Area	Club #	Name
B1	1898	Adlibmasters
B1	4148	Almaden Valley Orators
B1	4860	San Pedro Squares Toastmasters
B1	6654	Silver Tongued Cats
B1	8337	Morgan Hill Toastmasters
B1	685089	Funspeakers
B2	2760	South Bay Toastmasters
B2	5232	Adelante Toastmasters
B2	9473	Xilinx Xpressionists Toastmasters
B2	668615	T.T.T. Toastmasters
B2	827835	Toast It Now Toastmasters
B3	3626	Valley Toastmasters
B3	4224	Switch-On Toastmasters
B3	6645	Loudspeakers
B3	7281	Willow Glen Icebreaker
B3	1220966	MacYaks
B3	1332814	Certified Party Animals
B4	4930	Ordnance Orators
B4	8499	Rollertoasters
B4	886676	Armament Articulators
B4	920182	People with Communication Skills
B4	1027656	Classy Toasters
B5	5474	SCUMBAT
B5	6274	Adobe Fontificators
B5	7998	Silicon Valley JETS (Japanese-English)
B5	8266	Public Speak Easy's
B5	813457	Financially Speaking



*North Valley Toastmasters moved to Division F due to change in meeting location.*



Division C		
Area	Club #	Name
C1	1372	Menlo Park Toastmasters
C1	1435	SRI Organon
C1	2117	Early Risers
C1	8218	Tall Tree Toastmasters
C1	9737	Geospeakers
C2	33	Lee Emerson Bassett
C2	3476	Courier
C2	7871	Intuitively Speaking Toastmasters
C2	1054972	Legally Speaking
C2	4515	HP Hilltop Speakers
C3	9913	Electric Toasters
C3	596069	SAP Toastmasters
C3	937505	Virtual Speak Toastmasters
C3	607909	I'm Feeling Chatty Toastmasters
C4	2624	Jetstream Toastmasters
C4	854912	Actel Flash Masters
C4	1152428	SWAN Toastmasters
C4	1385657	SolMasters
C4	4648	Talking Heads Toastmasters
C5	2943	Orbiters Toastmasters
C5	6115	Blue Cube Toastmasters
C5	587637	Toasters R Us
C5	1029428	Securely Speaking
C5	1349563	Voice Box

*Laser Sharp Speakers moved to Division G due to change in meeting location*

Division D		
Area	Club #	Name
D1	6535	United We Speak
D1	7771	Watermasters Toastmasters
D1	600229	Labor
D1	1279215	Eloquent Elocutionists
D1	1280840	Advent Toastmasters
D1	New	EPA Toastmasters
D2	3275	McKesson Toastmasters
D2	1401	Speakeasies
D2	3873	PUC(k)sters Toastmasters
D2	6521	San Francisco Realtors Toastmasters
D2	7201	Twenty-Five Alive
D2	1378531	IMPACT Toastmasters
D3	2203	Asian Express Toastmasters
D3	7025	SF Japanese-English Toastmasters (JETs)
D3	9408	Everybody Speaks
D3	822664	Rainbow Toastmasters
D3	1346259	Toastmodernist
D3	1426316	EY Toastmasters
D4	65	Downtown 65
D4	2407	Magic Sunrisers
D4	3976	Land's End Toastmasters
D4	4282	Opportunity Speakers Toastmasters
D4	4292	UC Oracles Toastmasters
D4	769523	Academy Toastmasters
D5	1818	Brisbane: Speaking Under the Stars
D5	1881	Daly City Toastmasters
D5	859889	Genentech Toastmasters
D5	1022084	The A-Team
D5	1198003	Walmart.com Dot.com-municators
D5	1440389	Opa ! Toastmasters

*RELogic Toastmasters moved to Division H*



Division E		
Area	Club #	Name
E1	1244	Fightin' 49ers
E1	1771	San Francisco Toastmasters
E1	3295	Money Talks Toastmasters
E1	8557	Main Street Maniacs Toastmasters
E1	940159	Deloitte Bay Area Toastmasters
E1	1424967	Evening Stars
E2	1243	Cable Car
E2	4920	Techmasters
E2	7806	Bay Masters
E2	1073164	Shield Speaks Toastmasters
E2	1070395	Stagecoach Speakers - 525 Market
E2	1285335	Toastitects
E3	779	Marsh Mellow Toasters
E3	9109	Rhino Business
E3	780044	W3
E3	1267190	Toastbusters
E3	1095735	Stagecoach Speakers – SF Financial District
E3	1321246	Because People Mumble
E4	1133	Crownmasters
E4	9825	Renaissance
E4	714439	44 Montgomery Masters
E4	935491	Landmark Toastmasters
E4	999399	Electric Toasters
E4	1214446	Stagecoach Speakers - 155 Fifth Street
E5	56	Golden Gate Toastmasters
E5	5610	Sierra Speakers
E5	6094	GGU Toastmasters
E5	1192873	D'Presenters
E5	1225069	Mobile Toasters
E5	1299246	Sustainable Speakers

Division F		
Area	Club #	Name
F1	1313	Word Wizards
F1	7168	KT Talkers
F1	7242	Milpitas Toastmasters
F1	9093	Lucently Speaking
F1	584244	ICC ArtICculators
F1	2038	North Valley Toastmasters
F2	225	Vox Toastmasters
F2	4306	Toastmasters Insiders
F2	8124	Cisco Speaks Toastmasters
F2	1286356	Baytech Speak Easy
F2	1394269	We Speak
F3	3598	Toast Twisters Toastmasters
F3	4460	AMYAC
F3	7596	LSI Speaks
F3	662205	TAC-Talks Toastmasters
F3	827125	Hot Buttered Toastmasters
F3	1267372	Wii Talking
F4	2693	Vanguard Toastmasters
F4	586504	Altera Innovators
F4	770392	Next Step Toastmasters
F4	1146701	Flexibly Speaking
F4	1259423	Vakpatugalu
F5	5098	Coherent Communicators Toastmasters
F5	4099	Santa Clara SweetTalkers Toastmasters
F5	7922	Cadence AHgorithms
F5	727140	SVB Toastmasters
F5	763451	A Toast to Life
F5	1280493	Dedupe This

*Toastmodernists moved to Division D*



Division G		
Area	Club #	Name
G1	3088	Talking Chips
G1	3328	TGIF Management
G1	7528	Fair Oaks Club
G1	685103	MCA Toastmasters
G1	1424963	AMD Speak
G1	9946	Laser Sharp Speakers
G2	2914	Excalibur Toastmasters
G2	4124	G-E-M Club
G2	4802	Silicon Valley Toastmasters
G2	5015	Applied Materials
G2	7975	Sunnyvale Speakeasies
G3	4004	Top Gun
G3	4270	Wry Toastmasters
G3	4606	HP Communicators
G3	4658	Tandem
G3	1114237	Ventritalks
G3	1349477	Live Toast
G4	49	Gold Brickers
G4	1577	San Jose Toastmasters
G4	3104	Agile Articulators - Speech and Debate
G4	3572	Saratoga Toastmasters
G4	4608	Cupertino Toastmasters
G4	7430	MacinTalkers
G5	2994	ToastMeisters
G5	605653	Yahoo! Yapsters
G5	733423	Toast Launchers
G5	853108	Juniper Jabbers
G5	936581	Test Toasters

Coherent Communicators Toastmasters moved to Division F

Division H		
Area	Club #	Name
H1	4368	High Spirits of Toastmasters
H1	5022	OracleDirect Toastmasters - RWS
H1	5707	Redwood City Orators
H1	6028	Point Of Order
H1	944223	Voice of Nektar
H1	1409881	Stand and Deliver
H2	318	Speak 4 Yourself Toastmasters
H2	530	San Carlos-Belmont
H2	2544	Oracle Speakers
H2	590123	All Ears - Electronic Arts Redwood Shores
H2	600591	Chamber Speakers Circle
H3	4014	Foster City
H3	7146	ProToasties
H3	7190	Visa Speakers' Circle Toastmasters
H3	759427	Life Technologies Toastmasters Club
H3	1262278	Sony Saystation
H3	4512	Pro Masters Toastmasters
H4	191	San Mateo Toastmasters 191
H4	1213	Mainliners
H4	1618	Pacifica PM
H4	2168	Millbrae'ers
H4	2697	Peninsula Toastmasters
H4	1049172	RELogicToastmasters
H5	27	Donald L Bogie
H5	801	City Talk
H5	2736	SpeakEasy@Sun
H5	4304	Sunset Toastmasters
H5	4657	T*Toasters

D'Presenters moved to Division E due to change in meeting location





## Area Governor Application

Name:

Address:

Hm Phone:

Wk Phone:

Cell Phone:

Wk Email:

Hm Email:

Preferred Email that is checked daily or every other day where you want notices of D4 announcements:

Home Club # and name:

TM Educational & Leadership Level by Sept. 1, 2010:

Type of badge you want-Brooch (pin), Pocket or Magnet:

Why do you want to be an Area Governor?

Which Area:

Hobbies:

Profession:

Who will be your Area Team members?

Comments:

***An expert in anything was once a beginner.***





# The FOURcaster



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## Public Service Announcements

### Updating your E-mail Address in Toastmasters Records

If you have recently changed your e-mail address, please update it on the [Toastmasters International website](#). In District 4, we receive member lists from TI on a regular basis for distribution of announcements and the FOURcaster, but we do not keep our own database.

### Gary Schmidt's Awards Visits

We hope you enjoyed the photos of Gary Schmidt's visits in the last issue. To clarify, awards were presented to executives in the organizations mentioned, to honor their support of the Toastmasters program; awards were not given directly to individual clubs.

## Tips and Tricks

### Pointing Devices

While our goal is to present a compelling message when we speak without using slides as a crutch, there are many situations in corporations in which a slide show is a requirement, either to present detailed statistics or as a "take-away" given to conference attendees on a disk. For a seamless performance, use a presentation device, such as the Logitech R800, to advance slides with a click, use a laser to point out a critical fact - and feel a vibration in your hand 5 minutes before your time is up!



## DISTRICT 4 MISSION

The mission of the District is to enhance the performance and extend the network of Clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational program, by:

- Focusing on the critical success factors as specified by the District educational and membership goals.
- Insuring that each Club effectively fulfills its responsibilities to its individual members.
- Providing effective training and leadership development opportunities for Club and District Officers.

## D4 OFFICERS

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## QUICK LINKS

[District 4 Website](#)  
[Toastmasters International](#)

[D4TM on LinkedIn](#)  
[D4TM on Facebook](#)

[Bay to Bay TV Show](#)